

Parent/Teen Chitchat

Part I: “*When you were my age...*” — Teens will ask their parents the following questions:

IF A QUESTION MAKES SOMEONE FEEL UNCOMFORTABLE, IT DOES NOT HAVE TO BE ASKED OR ANSWERED.

1. What was your favorite TV show? _____
2. What kind of music did you listen to? _____
3. Did your parents like “your kind” of music? _____
4. Did you have a best friend? _____
5. What do you like and dislike about being a man/woman? _____

6. Who was your first relationship with? Who was your first crush? How old were you? _____

7. Could you talk to your parents about anything? _____

8. How did you learn about puberty? _____
9. What did your parents teach you about boys /girls? Your mother? Your father? _____

10. Do you wish that they’d talked to you more? _____

Parent/Teen Chitchat

Part II. “*Now that you’re going through puberty...*” — Parents will ask their teens these questions:

IF A QUESTION MAKES SOMEONE FEEL UNCOMFORTABLE, IT DOES NOT HAVE TO BE ASKED OR ANSWERED.

1. What is your favorite TV show? _____
2. What kind of music do you listen to? _____
3. Do you have a best friend? _____
4. What do you like and dislike about being a girl/boy?

5. Do you feel like you can talk to me about anything? What would make you feel more able to talk to me? _____

6. What do you think is the greatest pressure facing young people your age today? _____

7. At what age do you think a person is ready to be a parent?

8. What qualities do you think a parent should have?

9. Do you feel we’ve discussed the kinds of things that concern you about going through puberty and growing-up?

10. What kinds of things do you think parents and their children need to talk about? _____

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Part I: “*When you were my age...*” — Teens will ask their parents the following questions:

IF A QUESTION MAKES SOMEONE FEEL UNCOMFORTABLE, IT DOES NOT HAVE TO BE ASKED OR ANSWERED.

1. What did you like doing? _____

2. What did you want to become when you grew up?

3. Did you have a curfew? _____
4. Were you allowed to date? _____
5. What’s your favorite memory of falling in love?

6. What do you like about being a man/woman?

7. What was the greatest pressure you experienced?

8. Where did you get your sense of self-worth?

9. What is one message about attractiveness or self-image you received from your parents?

10. What do you like about the way you look? What would you change? _____

Parent/Teen Chitchat *at home*

Part II. “*Now that you’re going through puberty...*” — Parents will ask their teens these questions:

IF A QUESTION MAKES SOMEONE FEEL UNCOMFORTABLE, IT DOES NOT HAVE TO BE ASKED OR ANSWERED.

1. Are you developing earlier, later, or about the same time as your friends? How do you feel about that?

2. Do you like the way you look? _____

3. How do you feel about the physical changes you’re experiencing now? _____

4. Do you find that your moods are changing more frequently than they used to?

5. How have you changed as a person in the last two years? What do you like, and what do you not like, about the changes? _____

6. How do you think you'll be different in five more years? Do you think you'll like these changes? _____

Parent/Teen Chitchat Response Form

Use this sheet to list any similarities or difference that parents and teens identified during the interview.

Similarities	Differences
<p>Example: my mother wanted to be a professional tennis player when she grew up and so do I.</p>	